

What to Do During an Earthquake

The recent 7.8 earthquake in Nepal and new geological research on the Ventura fault, that connects with fault lines in Los Angeles and is capable of producing earthquakes as large as magnitude 8, are good reminders that we need to know what to do during an earthquake. Cypress lies in a high liquefaction zone and shaking may be more intense. CHOA's Emergency Preparedness Committee needs volunteers. If you are interested in joining the committee, please contact Dianna Campellone, dianna@accellpm.com. The following information is from FEMA's website, www.ready.gov/earthquake

If Inside –

DROP to the ground; take **COVER** by getting under a sturdy table or other piece of furniture; and **HOLD ON** until the shaking stops. If there isn't a table or desk near you, cover your face and head with your arms and crouch in an inside corner of the building.

Stay away from glass, windows, outside doors and walls, and anything that could fall, such as lighting fixtures or furniture.

Stay in bed if you are there when the earthquake strikes. Hold on and protect your head with a pillow, unless you are under a heavy light fixture or bookcase that could fall. In that case, move to the nearest safe place.

Do NOT use a doorway unless you know it is a strongly supported, load-bearing doorway, and it is close to you. Many inside doorways are lightly constructed and do not offer protection.

Stay inside until the shaking stops, and it is safe to go outside. Do not exit a building during the shaking. Research has shown that most injuries occur when people inside buildings attempt to move to a different location inside the building or try to leave.

DO NOT use the elevators.

Be aware that the electricity may go out or the sprinkler systems or fire alarms may turn on.

If Outdoors -

Stay there! Move away from buildings, streetlights, and utility wires. Once in the open, stay there until the shaking stops. The greatest danger exists directly outside buildings, at exits and alongside exterior walls. Many of the 120 fatalities from the 1933 Long Beach earthquake occurred when people ran outside of buildings only to be killed by falling debris from collapsing walls. Ground movement during an earthquake is seldom the direct cause of death or injury. Most earthquake-related casualties result from collapsing walls, flying glass, and falling objects.

If in a Moving Vehicle –

Stop as quickly as safety permits and stay in the vehicle. Avoid stopping near or under buildings, trees, overpasses, and utility wires. Proceed cautiously once the earthquake has stopped. Avoid roads, bridges, or ramps that might have been damaged by the earthquake.

If Trapped Under Debris –

Do not light a match. Do not move about or kick up dust. Cover your mouth with a handkerchief or clothing. Tap on a pipe or wall so rescuers can locate you. Use a whistle if one is available. Shout only as a last resort. Shouting can cause you to inhale dangerous amounts of dust.

Pools Open

Pools are heated from Memorial Day through September. For everyone's safety and enjoyment, the pool rules must be observed by all homeowners, renters, and guests. The "pool area" includes the swimming pools and surrounding property within the fence, as well as the clubhouse restrooms. Remember that homeowners live very close to the pool, and pool noise is magnified by the water.

Pool rules:

- There is NO lifeguard on duty. Pool gate must be closed and locked at all times.
- Pool safety equipment is for EMERGENCY USE ONLY. Pool ropes are for safety only, not for playing.
- **Infants and toddlers must wear swim diapers.**
- Children under 14 years of age must be accompanied by a resident adult (at least 18 years of age) in the pool area. This is a state law.
- Persons with diarrhea, skin disorders, communicable diseases, or open wounds are not allowed in the pool.
- All guests must be accompanied by a resident adult in the pool area. **Maximum number of guests per residence is four (4).** Residents are responsible for their guests.
- Damages to pool areas or surrounding facilities, including the restrooms, are the homeowner's responsibility. Homeowners will be assessed the cost for any repairs.
- Anyone over 7 years of age is not allowed in the wading pool except for supervising adults (at least 18 years of age).
- NO alcoholic beverages are allowed in pool area or in any other common areas.
- NO glassware or food allowed in pool area. Only beverages in non-breakable containers are allowed.
- NO bicycles, skateboards, roller blades, scooter, or other wheeled devices, boogie boards, surfboards, rafts, scuba gear, Frisbees, or balls (other than inflatable beach balls) are allowed in pool area.
- NO pushing, running, shoving, roughhousing, abusive/foul language, or excessive splashing allowed in pool area.
- NO diving is allowed. Jumping is allowed under supervision of an adult.
- NO pets or animals are allowed in pool area.
- NO loud music.

Homeowners in violation of the above rules may be subject to a fine and/or confiscation of pool key.

POOL HOURS

SUNDAY – THURSDAY 9:00 a.m. – 9:00 p.m.

FRIDAY – SATURDAY 9:00 a.m. – 10:00 p.m.

DAY BEFORE LEGAL HOLIDAY 9:00 a.m. – 10:00 p.m.